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POST-PROCEDURE INSTRUCTIONS

VBEAM PRIMA, VBEAM PRO FOR CAPILLARY VASCULAR MALFORMATIONS

What should I expect after my treatment?

The treated area may turn dark purple–black immediately following your treatment. This discoloration will become somewhat darker over the next several hours, and it will remain dark for seven (7) to fourteen (14) days. Surrounding this treated area, you may experience some redness and itching, which should resolve within several days. It is possible that you may experience several blisters, scaling or crusting following the procedure.

If the treated area is near the upper cheek or eye, you should anticipate some swelling. If this occurs, sleep with your head elevated and apply ice packs.

What should I do to the treated area after the procedure?

The skin should then be treated gently twice daily with applications of Aquaphor healing ointment. **If the area has increased redness and itching, discontinue the ointment and call the office.** It is not necessary to wear a bandage. However, if a bandage is preferred, a Telfa (non-adhesive) bandage should be used. It can be cut to size and secured with paper tape. The area may get wet while bathing, but swimming should be avoided for one (1) week following treatment.

May I wear makeup after my procedure?

Make-up may be worn if there is no blistering or crusting following the procedure. Care must be taken to avoid skin irritation when removing makeup. You should avoid abrasive or irritating makeup removers and skin cleansers.

May I be exposed to sunlight after my procedure?

Your skin should always be protected from the sun. Direct exposure of sunlight should be avoided following your treatment. If there is no blistering or crusting, apply a sunscreen of SPF-30 or higher to the treated area for two (2) months following your treatment to avoid sun damage.

When should I return for further treatment?

Please make a follow-up appointment. Dr. Geronemus or his nurse will tell you when to return for your next treatment, if further treatment is recommended.

EMERGENCY CONTACT INFORMATION

Should you have any questions or concerns about your procedure, please call
the office:
(212) 663-0400.

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