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POST PROCEDURE INSTRUCTIONS FOR: SOFWAVE

For Pain:

There should not be pain following this procedure; however, if needed, take Extra Strength Tylenol. Avoid Motrin, Advil, Ibuprofen, Aleve, and Aspirin products until the day after your procedure.

Treatment for your skin:

Wash your skin with cool water and a gentle cleanser after the procedure. If the skin is slightly pink or red in areas after treatment, avoid hot water during washing or showering until the “blush” has subsided (usually within an hour). Avoid exfoliation for at least one week or until sensitivity in the treatment area(s) has subsided. Makeup (preferably mineral-based) may be applied post-treatment, and soothing, non-irritating creams or moisturizers may be used immediately. Use a sunblock with SPF30 or greater if going out in the sun to prevent sun damage.

Immediately after your procedure:

You are able to return to your normal activity right away. No special measures are required. Your skin may appear slightly flushed immediately after the treatment, but any redness should resolve within a few hours. You may also feel mild tenderness under the treated area(s), which is normal. This indicates that the healing process is underway and that new, healthier collagen is being generated.

Results:

The regenerative process is initiated right away, but the full effect will gradually appear over two to three months. Multiple treatments are recommended.

EMERGENCY INFORMATION

Call 212-663-0400 should you have questions or concerns about your treatment.