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POST-PROCEDURE INSTRUCTIONS FOR:

FRAXEL™ DUAL, HALO, HEROic BBL

What should I expect after my treatment?

The treated area may turn slightly red and swollen which may last for several days. After a few days, and depending upon the condition you had treated, you may experience many small black specks (peppery-like appearance) on the treated area. You may also experience some tenderness and itching as well as dry patches of skin.

What should I do to the treated area post-procedure?

You should immediately apply ice packs to the treated area on the day of your procedure, not during sleep, and in the morning following your procedure. Applying ice to the affected area for 10 minutes every ½ hour is recommended. A skin care regimen may be recommended for you or you may apply your own moisturizer, as needed, for dryness until the side effects (if any) subside. A daily moisturizer with a sunscreen is also recommended. Elevate your head during sleep to minimize swelling

?Will I be prescribed medication

Valacyclovir 500 mgs (6 tablets; 1 tablet twice a day for 3 days) may be recommended. This medication will be dispensed in the office. Prednisone may also be prescribed. You will receive instructions for this medication in the office, if prescribed

May I wear make-up after my procedure?

Make-up may be worn; however, we suggest you wait at least three hours before applying make-up. Particular care must be taken to avoid irritation of the skin while removing your make-up. Avoid abrasive or irritating make-up removers and cleansers.

May I be exposed to the sun following my procedure?

Your skin should always be protected from the sun. Direct exposure of sunlight should be avoided following your treatment. If there is no blistering or crusting, apply a sunscreen of SPF-30 or higher to the treated areas the day following treatment.

When should I return for further treatment?

Additional treatments vary from patient to patient. You will be informed if further treatment is recommended.

EMERGENCY CONTACT INFORMATION

Call 212-663-0400 should you have questions or concerns about your procedure.

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