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POST-PROCEDURE INSTRUCTIONS FOR:

EXCEL® / CLEAR® V

What should I expect after my treatment?

The treated area will turn red immediately following your treatment and can stay red for several hours. It is possible that you may experience several blisters, scaling, or crusting following the procedure. If the treated area is near the upper cheek or eye, you should anticipate some swelling. If this occurs, sleep with your head elevated and apply ice packs.

What should I do if the treated area begins to crust or blister?

The skin should then be treated gently twice daily with Aquaphor Healing Ointment. **If the area has increased redness and itching, discontinue the ointment and call the office.** It is not necessary to wear a bandage; however, if a bandage is preferred, a Telfa (non-adhesive) bandage should be used. It can be cut to size and secured with paper tape. You may get the area wet while bathing, but swimming should be avoided for one week following treatment.

May I wear makeup following my procedure?

Make-up may be worn if there is no blistering or crusting following the procedure. Care must be taken to avoid skin irritation when removing makeup. You should avoid abrasive or irritating makeup removers.

May I be exposed to sunlight after my procedure?

Your skin should always be protected from the sun. Direct exposure to sunlight should be avoided following your treatment. If there is no blistering or crusting, apply a sunscreen of SPF-30 or higher to the treated areas for at least two (2) months following your procedure.

When should I return for further treatment?

Additional treatments vary from patient to patient. You will be informed if further treatment is recommended.

EMERGENCY CONTACT INFORMATION

Call 212-663-0400 should you have questions or concerns about your treatment.

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