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POST-PROCEDURE INSTRUCTIONS FOR:
ABLATIVE PROCEDURES

SMALL AREAS (around the mouth, around the eyes, bilateral cheeks)

Gently cleanse the area with a mild cleanser and water using gauze, then pat dry. Apply Alastin Skin Nectar and Alastin Soothe + Protect (in that order) in the A.M. & P.M. to the treated area, and keep the area covered with a nonstick dressing or Band-Aid as needed when indoors. Apply product as often as needed to keep the area moist and promote healing.

The area may turn very red and swollen and can last for seven (7) days or longer. Redness can last for up to one (1) month or longer. You may also experience oozing, discomfort, bleeding, bruising, crusting of the treated areas, and skin peeling on days 3-5, depending on the treatment technique used. Healing varies from patient to patient.

You may wash the area with Alastin cleanser and/or Cetaphil 24 hours after your procedure. You may shower and wash your hair.

Take Tylenol, as needed for **discomfort only**.

DO NOT: (1) Pick your skin, (2) Wear sunscreen or makeup until you receive physician approval, (3) Use abrasive cleansers or exfoliate the area of your skin for four (4) weeks following your treatment, and (4) **AVOID** direct contact with pets.

RHINOPHYMA PATIENTS ONLY...

Apply Alastin Soothe + Protect in the AM & PM and as often as needed. Soak the area with water four (4) times a day and as often as you would like, and apply the Soothe + Protect immediately following. It is not necessary to soak in the evening while you are sleeping.

FRAHEL LIGHT CO² with SCULPTRA APPLIED TOPICALLY:

Take Valtrex (Valacyclovir) as prescribed.
Apply Alastin Skin Nectar and Alastin Soothe + Protect (in that order) in the AM & PM and as often as needed to keep the area moist.

Soak the area with water three (3) or four (4) times daily and reapply the products to keep the area moist and promote healing.

EMERGENCY CONTACT INFORMATION

Call 212-663-0400 should you have questions or concerns about your treatment.

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